

Sustaining the Journey presents...



*As a tool to draw us out of the world's negative vortex, and to help sustain your journey through the week,
Bob Soeder and Mary Hrich offer this weekly dose of inspiration:*

"Your vision will become clear only
when you can look into your own
heart. Who looks outside, dreams;
who looks inside, awakes."
– Carl Jung

"The most pathetic person in the
world is someone who has sight, but
has no vision."
– Helen Keller